

B I P S N E W S

THE OFFICIAL MAGAZINE FOR STUDENTS & PARENTS

April, 2021.

Vol. 2

CONTENT

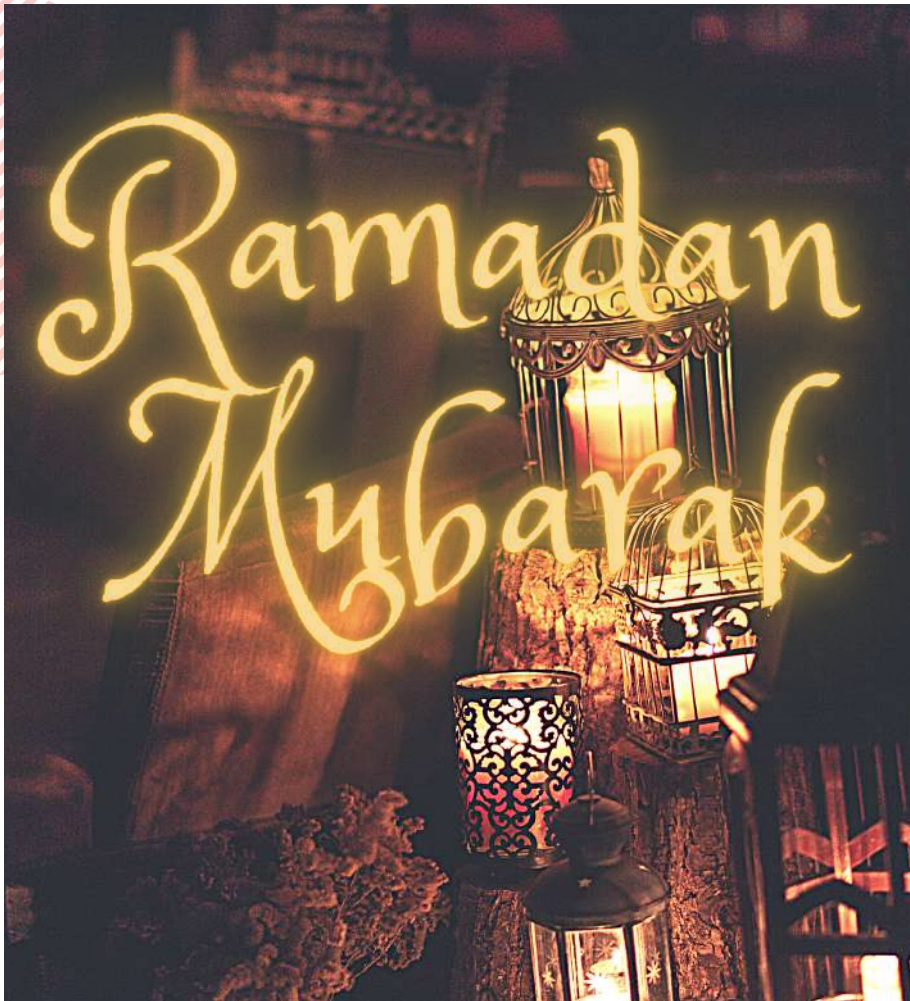
A Message from the Principal
Mr. Benjamin Barry - 2
Meet our staff - 2

Welcome Ramadan - 3

Student space - 8
KG space - 9 & 10

E - Safety - 11
Puzzle - 11

BIPS wishes that you and your family find happiness and joy in Ramadan 2021! May our souls become full of gratitude and respect! Ramadan Mubarak to all!



ONLINE ADMISSION OPEN FOR 2021-22

83% of our 2020 IGCSE results were A* - B
Up to 25% discounted fee structure
Taught under British leadership
Awarded Developed in Distance Learning Review 2020-2021
More information click here: www.bips.ae



A Message from the Principal

by **Mr. Benjamin Barry**

Ramadan Kareem to all,

I hope you all had a restful Spring Break and are now ready for the final term of this Academic year.

For Primary and Secondary we will be continuing with our weekly assessments and end of term exam to calculate the final term 3 grade, so please make sure that you keep up to date with your submissions. Staff are happy for you to resubmit to gain higher marks, so please use the opportunity to improve your scores. Just inform your teacher of the re-submission, so they can adjust your grades. EYFS will continue with their weekly observations in order to complete the pupil Learning Journey and Profile.

Our Year 12 / Grade 11 are sitting their mock exam (version 2.5) in order to submit Teacher Assessed grades for their iGCSEs. They will also have a final opportunity towards the end of May, when we will collate 3 pieces of evidence and submit to Cambridge for their final grade.

Remember the Ramadan timings, and please make sure that you are dropped off and collected on time. Traffic at this time of the year is very busy, and we would not want you to miss any learning time.

If there is anything that you would like to see in our monthly newsletter then please contact Ms. Silvia.



Also, use this as an opportunity to showcase your work, trips out or just having time with your family and friends during this special time.

Finally... I can confirm that SPEA has approved my employment as Principal in accordance with the conditions and standards applicable in Sharjah Private Education Authority. I am extremely excited with the prospect of leading the team at Brilliant International Private School and look forward to your suggestions on what you would like us to develop.



Meet our staff

Ms. Deepa Ratheesh- Principal's Assistant

I have been a part of the team at Brilliant International School since 2017. It is a privilege to work in the administration team as the Principal's Assistant.

I am originally from India, but I consider the United Arab Emirates my second home. I am blessed with a supportive husband and two children who keep me occupied during my free time.

I completed MBA specialized in HR and worked in a private sector for 3 years before joining BIPS. I started my career in BIPS as Primary Admin assistant and then, in 2018, I got the opportunity to move to the Principal Assistant position.

Being one of the staff members, I have truly seen the school grow, flourish and succeed to be the fabulous school it is now. I truly believe that together, we can make such a positive impact on the future of our school and I am extremely proud to be a part of BIPS family.



Ramadan is to remind everyone of the poor and less fortunate, a time for charity, compassion, abstinence, and forgiveness. As this holy month of Ramadan commences, may everyone be showered with peace, joy and prosperity. I hope this month be a month full of blessings for all of us. Happy Ramadan!

Ms. Jenel- Supervisor

Let the spirit of Ramadan remain in your hearts and light up your souls from within. Have a blessed Ramadan Kareem

Ms. Sunitha - Math HOD

Welcome Ramadan

by Ms. Enjy Essameldin - SST & ME HOD

Islam is the official religion of the United Arab Emirates.

The arrival of envoys from the Islamic prophet Muhammad in 632 heralded the conversion of the region to Islam.

Ramadan is one of the Islamic holy occasions, when it is illegal for Muslims to publicly eat, drink, chew or smoke between sunrise and sunset to teach themselves self-awareness, patience and tolerance. Exceptions are made for pregnant women, children, and people with chronic diseases or anyone else who cannot fast.

BIPS shows Tolerance during Ramadan

Ramadan represents the actual image of tolerance in the UAE with the multi-religions; our BIPS community is an example that shows respect and tolerance in this holy month, we are one family regardless of any difference in our religions including the staff and our dear students.

Ramadan Mubarak for all Muslims!

If you are interested to be guided during this holy month in the UAE as a non-Muslim, you are most welcomed, and then please use the link. [A Ramadan guide for non-Muslim families in the UAE](#)

#Ramadan@UAE

#Ramadan@BIPS

#Tolerance@UAE&BIPS

Ramadan is a month to seek forgiveness for our sins. May Allah accept our prayers and pardon our wrongdoings. May the blessed month of Ramadan bring you peace and prosperity. Wishing a happy Ramadan to the BIPS family!!!

Ms. Fube - English teacher

Exercising during Ramadan

Mr. Ahmed Hussein - PE Teacher

Exercising in the blessed month of Ramadan is considered an important factor to benefit the body, gain energy, and maintain its agility, as it reduces the risk of many diseases. The dilemma remains in choosing the right time to exercise during the holy month of Ramadan.

Doctors point out that exercising before breakfast has many benefits for human health, including losing weight from the fatty tissues in it. Therefore, the fasting person is advised to exercise during Ramadan, on account of its many benefits to the health and safety of the body, to maintain the balance of its components of fluids, muscles, fats and bones.

Also, physical activities have a big role in protecting against indigestion diseases, and as a highlight, training before breakfast helps to burn fats stored in the body.



Everything you need to know about Ramadan

by Mr. Mohamed Rashad - Arabic & Islamic HOD

What is Ramadan?

Ramadan marks the month when the Holy Quran is said to have been revealed to Prophet Muhammad PBUH by Allah (God). This is observed by a month - long fast.

Muslims around the world abstain from food and drink for 30 days, including water, during daylight hours (from dawn to dusk), as a means of celebrating and reflecting on their faith.

Fasting at Ramadan is one of the five pillars of Islam - the fundamental rules that all Muslims follow.



When is Ramadan?

Ramadan is the 9th month in the Islamic Lunar Calendar which consists of 12 months in a year of 354/55 days. In Arabic, this is called the Hijri Calendar and started with the migration of Prophet Muhammed PBUH to Madinah from Makkah 1442 years ago.

Due to the Islamic Calendar being based on the different phases of the moon, each of the months move back around 10 days each year. So, Ramadan could be in the middle of summer in 2015 and be in December by 2030!

This year, Ramadan begins on Monday 12 April, and will end on Wednesday 12 May.

Who Takes Part in Fasting?

Every Muslim should take part in fasting, unless...

You're too old - If you have reached an age where abstaining from water or food is too difficult or impossible, then you do not and should not fast.

You're too young - Generally, children below the age of 14 do not fast, as it is too difficult physically but also because they do not fully understand the meaning and the spiritual importance of fasting.

You're travelling - Travelling is an excuse not to fast for the day/days you are fasting as it can be exhausting to travel and would therefore require food and water. However, the days you missed should be made up after Ramadan is over. The aim should be to have completed all 30 days of Ramadan fast before the next Ramadan.

You're sick - Whether you have a long-term or short-term illness, you are excused from fasting if fasting would make the illness worse or if it is simply impossible to abstain from food/water.

If you have started the day fasting, but felt dizzy or sick, then you should immediately break your fast. Similarly, women who are experiencing their menstrual cycle are also exempt from fasting as the physical body is in a much weaker state and therefore requires nourishment.



Top 10 Ramadan Tips

by Mr. Mohamed Rashad - Arabic & Islamic HOD

- **Plan your meals:** Eat fruits filled with water such as cucumber and watermelon to help with thirst during the day. Eat slow burning foods for suhoor such as porridge, and avoid fried foods!
- **Plan your study/work schedule:** Some people prefer studying in the early afternoon, others prefer studying after Iftar when you're no longer hungry and can focus better. Find what works better for you and make a routine.
- **Stay consistent:** This is a month of reflection, so try to stay away from social media and TV which could distract you from your intentions of this month.
- **Go on a walk after Iftar:** This will help digest the food better, make you feel energized and prepare you for taraweeh.
- **Nap between Duhr and Asr:** If you don't want to look like a zombie during Iftar, and it's beautiful Sunnah.
- **Keep motivated:** Make a realistic Ramadan goal list and hang it up. Make a list for the reasons for fasting to keep you motivated during the low-imaan Days. Prepare a Ramadan playlist to listen to throughout Ramadan (Quran or lectures/podcasts).
- **Learn/Implement new habits that you can carry on after Ramadan:** Everyone has high Imaan and the Shaytan is locked up, a great excuse to implement small daily habits such as saying daily duas or giving a pound a day to charity or even improving our vocabulary.
- **Evaluate and reflect throughout Ramadan:** Take time, even just five minutes, every night to check if you're still on track to achieving your goals, if not slightly amend them or work super hard the next day. Since Ramadan is the month of the Quran, aim to read the Quran from beginning to end in this month, if you can, and reflect on the meanings.
- **Plan to spend as much time as possible with the key 4:** Your family, Allah, the Quran and yourself.
- **Enjoy Ramadan and get excited for Eid on Wednesday 12 May!**



How to support those who are fasting?

by **Mr. Mohamed Rashad - Arabic & Islamic HOD**

If you do not observe the month of Ramadan, you can help Muslim family, friends, course mates and colleagues by:

- Trying not to schedule meetings around evening time (dusk) when the fast for the day ends, so they can eat on time.
- Additionally, don't schedule catch-ups over a lunch or dinner, as you will be the only one eating.
- Don't make a big deal about eating. Most Muslims don't mind if you eat/drink near them so long as you're not in their face about it.
- Try not to get them involved in strenuous activities which could be tiring – otherwise, it could make them feel even weaker.
- Be understanding if they need more time in day-to-day activities, as time must be taken out for prayers.
- If you notice a Muslim peer not fasting for the day, don't question it; they have their reasons for not doing so.
- Show your encouragement with kind gestures and words.
- Ask them how you could support them through this month e.g., any adjustments that may need to be made. Everyone's needs are different, so it's best to ask individually.
- Once Eid celebrations begin (which marks the end of Ramadan), wish your Muslim peers an Eid Mubarak, it means a lot!

Can Muslims take COVID-19 tests during Ramadan?

Yes, Muslims will likely need to take COVID-19 tests (lateral flow tests or PCR tests) during Ramadan.

Brilliant international Private School teaches history of Islam aligned with MOE curriculum, including the revelation of the Quran to Muhammad BUH, the five pillars of Islam, how the Islamic empire got its start, the Rightly Guided Caliphs, and more.



Ramadan: The Month of Mercy and Blessing

by Ms. Sobia Athar - Islamic Teacher

Ramadan is a month that is venerated in the Islamic religion, and it is distinguished from the other months by several characteristics and virtues.

"Every good action of the son of Adam is multiplied from 10 up to 700," Allah said, "Except for the fasting, for indeed it is for Me, and I reward for it, they leave their desires and their food for My sake." (Narrated by Muslim)

Allah has made fasting this month the fourth pillar of Islam. Allah revealed the Qur'an this month. He has made Laylat al-Qadr this month. It falls in the last 10 nights of Ramadan, which is better than a thousand months. A'ishah (may Allah be pleased with her) asked the Prophet, "If I knew which night is Laylatul Qadr, what should I say during it?" The Prophet told her to say: Allahumma innaka 'afuwun tuhibul 'afwa fa'fu 'anni, O Allah indeed You are the Pardoner, You love to Pardon, so Pardon me. (Tirmidhi)

Allah has made fasting in Ramadan and spending its nights in prayer, out of faith, and in the hope of reward, as a means of forgiveness of sins. In this month, He opens the gates of Paradise and closes the gates of Hell, and chains up the devils. Every night Allah has people whom He redeems from the Fire. Fasting Ramadan is a means of expiation for the sins committed since the previous Ramadan, so long as one avoids major sins. Whoever prays qiyaam with the imam until he finishes, it will be recorded for him that he spent the whole night in prayer. Umrah in Ramadan is equivalent to Hajj. It is Sunnah to observe i'tikaaf (retreat for worship) because the Prophet (peace and blessings of Allah be upon him) always did that. Reading Qur'an is recommended in general, but more so in Ramadan. It is also rewarding to offer Iftaar to those who are fasting. Giving charity to people is better during Ramadan than in any other month.

It is recommended to eat suhoor, a pre-dawn meal, before beginning the fast. The Prophet said, "Eat Suhoor because there is a blessing in Suhoor." (Bukhari, Muslim)

The best suhoor and iftar (the meal you break your fast with) are dates.

When breaking your fast, you say the following supplication:

Thahaba (Has gone) adh-dhama'u (the thirst) wabtallatil (and are quenched) -'urooqu (the veins), wa (and) thabatal (is confirmed) -'ajru (the reward) in shaa' Allaah (if Allah wills). (Abu Dawud)

Wishing everyone a Blessed Ramadan, full of peace, prosperity, and success! Ramadan Mubarak!

Student's space

Student Award

Virtual Inter-School Competition by Amity Private
School Sharjah

'Here Comes Da Boom'

3rd Place

Zainub Hadari

Student Award

Qur'an Competition by Al Amana School

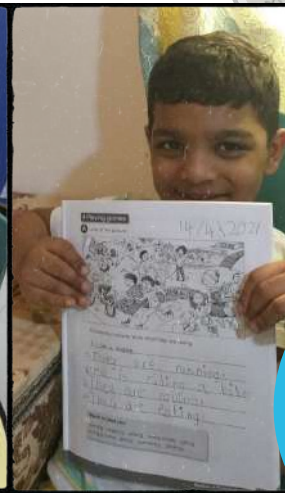
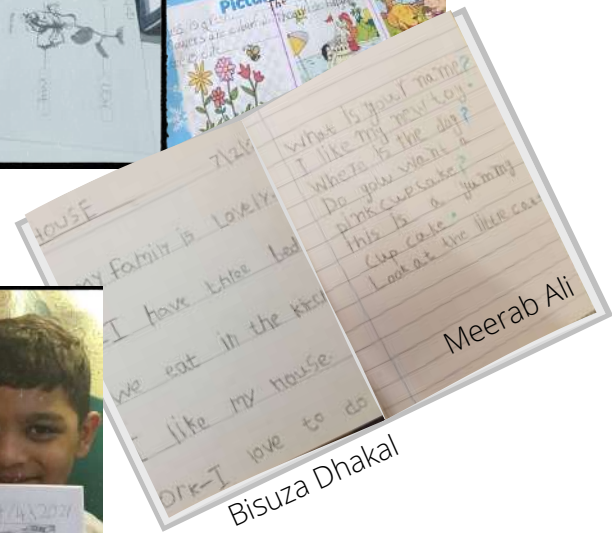
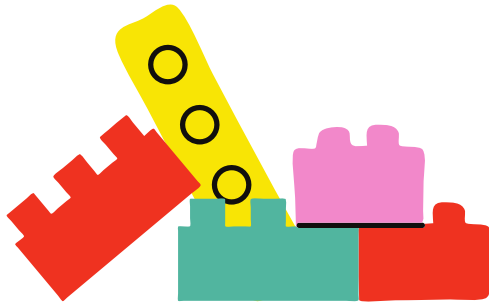
2nd Place

Abdel Rahman Ibrahim

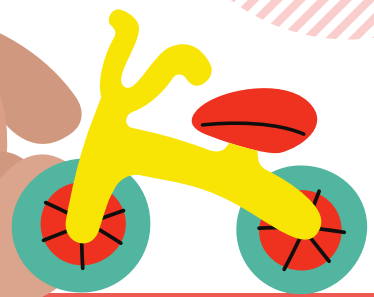
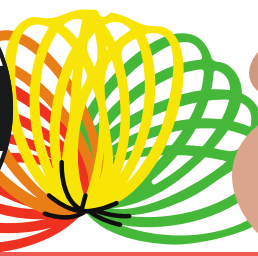


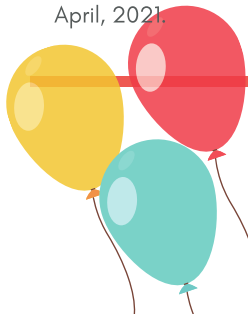
KG Space

A little bit of our little big stars



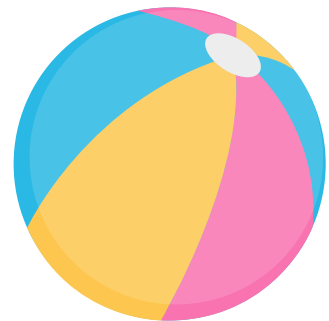
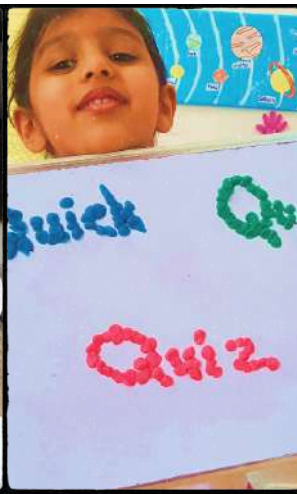
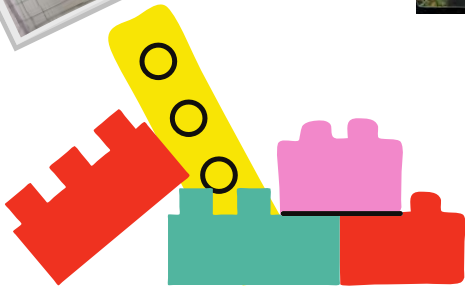
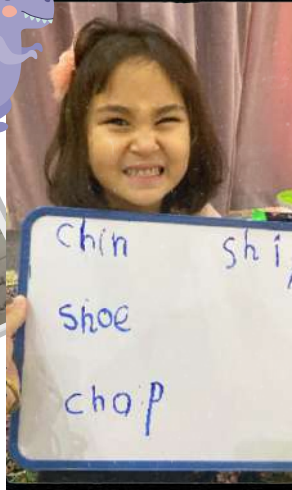
Gauri Ashish





KG Space

A little bit of our little big stars



E - Safety

by Ms. Makala Cooper

E-safety is an understanding of the potential dangers of the internet – the aspects of it that could cause harm, and what is the best way to react to these situations. The internet is a huge part of our lives. Whichever way you look at it, the internet has grown to influence every part of our society and the way that our children can gain valuable information. Our parents used to warn us about 'stranger danger', now we teach our children the same lessons. This is because the world we now live in has a huge online access which is an ever-evolving environment. Our young people enjoy spending time on the internet and interacting with their friends and peers online, but this also means that cyberbullying and other online problems can be particularly hurtful.

Therefore, it is essential you understand the school's policies and how we can support your child in school and at home. If you have not previously read BIPS E-Safety Policy and Social Media Policy, we urge to do so.

Your child's wellbeing is paramount to us and so as always we want to develop our partnerships with you the parent's. Therefore, if you have questions about E-Safety you are welcome to contact Makala the E-Safety Coordinator and if you have concerns in regard to your children please contact the school counsellors and supervisors.



At BIPS, we take child safety very seriously and this includes the use of images and film footage of students under the age of 18.

It is very important to read and sign the Photographic and Online Consent Form. Click [here](#)

Contact us:

Write your comments and suggestions to:
Silvia Ramos

Head of Physical Education Department &
SLT Associate

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Ramadan - Word Search



ALLAH CHARITY DAWN EID AL-FITR FAITH
FAMILY FASTING FRIENDS GENEROSITY
GRATITUDE IFTAR ISLAM LANTERN MONTH
MOON MOSQUE MUHAMMAD MUSLIM NINTH
PATIENCE PRAYER QURAN RAMADAN
RELIGION SELF-DISCIPLINE SUNSET
TRADITION



<https://www.puzzles-to-print.com/>

Happens this month

- Quran Competition
- Hadeeth Competition
- Ramadan Art & Craft Competition
- Ramadan Song & Poetry Contest